

# SCHJØDT

**Arild Støren Frick**  
Partner, Oslo



arild.frick@schjodt.com

M: +47 906 81 844

T: +47 23 01 15 07

## *Head of M&A*

Arild heads up Schjødt's M&A department, and has more than 15 years experience as advisor within corporate law disciplines, particularly M&A (private and public), often within the energy and/or real estate space. He advises both private and public sector clients, and often in cross-boarder settings.

Arild is also an experienced compliance advisor, and has held a number of board and election committee positions.

Arild holds a Cand. Jur. from the University of Oslo. Prior to joining Schjødt, Arild worked three years as attorney in BAHR law firm. (2006-2009), two years as management consultant in McKinsey & Company, (2009-2011), and 10 years in different roles in the Aker group, including VP & board and executive mngt. attorney in Aker Solutions (2010-2014) and General Counsel of Aker ASA (2014-2020).

---

## Practice areas

---

- Capital Markets
- Mergers & Acquisitions
- Oil & Gas
- Private Equity & Venture Capital
- Renewable Energy
- Sustainability Law

---

## About Arild

---

### Education

**2005** Cand. Jur., University of Oslo